

Summary

If you have been working the Steps in this *Beginner's Guide* with a Sponsor or Co-Sponsor—and not just reading about them—you should be noticing many life improvements, such as:

1. Knowing and liking myself better
2. Having a clearer conscience
3. Enjoying more harmonious relationships
4. Appreciating a more streamlined home that supports me
5. Finding and accessing my possessions more easily
6. Having more breathing space in my schedule
7. Thinking more clearly and focusing more easily
8. Trusting my Sponsor or Co-Sponsor
9. Relishing a closer connection to my Higher Power
10. Spending more quality time on my life purpose and less on dating my clutter
11. Becoming a Sponsor, a beacon of recovery to other still-suffering clutterers
12. Looking forward to working the Steps again

Completing the Steps means that we are practicing the principles of the Steps in all our affairs. While walking through the Steps, we have progressively integrated into our lives the 12 virtues of Honesty, Hope, Faith, Courage, Integrity, Willingness, Humility, Brotherly Love, Self-Discipline, Perseverance, Awareness of God, and Service.

In our new life, free from clutter, we enjoy the serenity and sense of purpose we have always desired. We are free to pursue life-fulfilling goals and to reach our potential, doing God's will in the service of others. We have been made anew.

It is time for us to share this gift of recovery so freely given to us. We do this by becoming a Sponsor. We give (and receive) the gift of relationship. We

leave isolation, learn from and teach each other. The experience of recovering through honest relationship is one message we can carry to others who are still suffering. It will be our gift to them and to our program.

We experience what the CLA leaflet *Finding Your Life Purpose* describes:

“As you declutter, we hope you will remember that you are not merely finding lost keys and bankbooks, not only discarding obsolete projects, not just making space for guests—you are finding yourself. You are clearing away the wreckage of your past. You are being responsible for small things, so that you can be entrusted with larger ones. You are making room for your true purpose to emerge. Go with God and know you are blessed.”